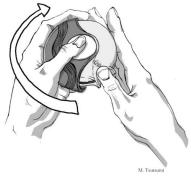
USING A DISKUS® OPEN, CLICK, INHALE

Diskus® inhalers deliver long-term control medicines to the airways. Remember to use it every day, even when you feel good. This medicine works slowly, over several weeks, to get rid of swelling and mucus, and then works to keep it from coming back.

***Long-term controllers do not help asthma flare-ups.

1: OPEN

Hold the Diskus® flat and push the grip open until the mouthpiece snaps into place.



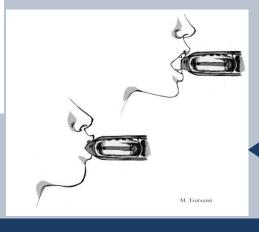
Keep holding the Diskus® flat, and push the inside lever back until it stops.



M. Tsutsumi

2: GET READY

Breathe out.



Place your teeth around the mouthpiece, then seal your lips over your teeth.

3: TAKE THE DOSE

Keep the Diskus® flat and forcefully breathe in deeply.

Hold your breath for 10 seconds.

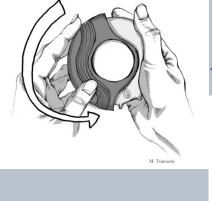
M.T. Sutsuri



Breathe out naturally. _

4: STORE THE DISKUS®

Close the Diskus®.





When the counter gets to 10, call for a refill.

**The last five numbers are in red.

